

“Maternity Training” from MIP and TIKAV... Doruk Newspaper, 20.01.2011

Mersin International Port (MIP) and Turkish Human Resources Foundation (TIKAV) are implementing a new project in order to improve the mothers' quality of social life. “Maternity Training” project will be held in cooperation with MIP and TIKAV. With this project, basic health educations will be given to parents of kindergarten. Target is to increase their awareness on themselves and their families' about the healthy life subjects with the project.

With the “Maternity Training” project, aim is to give support to the social and psychological development of young mothers who live within the boundaries of Akdeniz Municipality in Mersin. Within the Maternity Training project, 225 mothers will be obtained accurate information about hygiene, healthy sexual life and nutrition issues. After that, it is expected that parents will share information with their children and other family members.

Within the framework of the prepared educational content, educational program will be held as 1 full-day within each every month.

Health educations will be given by doctors from Provincial Health Directorate. “Esteemed Myself” training will be given by TIKAV project executive. MIP project executive will be responsible for the coordination. At the end of the each educational program, a certificate; which is prepared by TIKAV, will be given to mothers.

After the determination of target group, project will be started as a full-day program every month. For the stated month, determined kindergarten parents will be taken from the school and sent to Mersin Öğretmenevi. Breakfast will be had collectively there. After breakfast, group will pass through the meeting room for the training. After lunch, short city tour will be done and Forum Shopping Center will be visited and group will be gone to cinema at Forum. After cinema, program will be ended and mothers will be again left to the school.